



# Parish of Gosford

## The Shrine of St John Paul II

The Communities of St Patrick's East Gosford, St Francis of Assisi Somersby & Holy Trinity Spencer Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



St Patrick's Gosford

Year of

# COURAGE

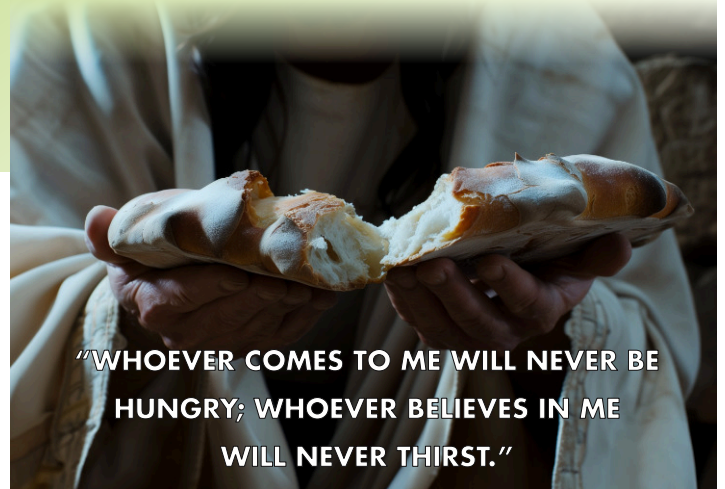
### OLD TESTAMENT COMMENTARY

BY MARK O'BRIEN

Exodus 16:2-4, 12-15

We modern folk like to think that, in contrast to 'older generations', we are the adventurers, welcoming the new and unfamiliar, the 'wilderness'. I would suggest that this is only the case if we are confident of being able to experience it on our terms; that is, equipped with all the gear that will assure us we are in control. If we had to experience the unknown as ancient Israelites did (according to the story of their wilderness journey) I suspect we would be prone to panic just like them. But, according to the preceding chapters of Exodus, they were very well 'equipped' for the wilderness: they had God on their side who had delivered them from slavery and provided all they needed so far for their journey. Hence, their panic or complaint reveals not only fear of the unknown but fragile faith as well. When human beings are afraid of the unknown the instinctive reaction is to retreat to the known, even if this is slavery. In a nice touch of irony, our storyteller portrays Israel pining for the fleshpots of Egypt rather than journey with God and Moses into the unknown. Fear and distrust can also create a distorted perception and memory of the past: slaves would most likely not have enjoyed the rich fare that the Israelites allege they had in Egypt.

But, thanks be to God, God takes us where we are at, so to speak, and in this story provides food for complaining, untrusting Israel. Of particular interest here is that this is the first provision of manna, the bread-like food that Israel ate – according to the story which is all we have – during the 40 or more years it lived in the wilderness, on its way to the promised land. The Hebrew word manna is derived from the Israelites' question when they saw this strange food: 'what is it?' (in Hebrew man hu). The pun captures something of the mysterious nature and origin of this food. Some scholars think the manna can be identified with a bread-like secretion from insects that feed on the sap of a certain tree in desert regions of the Middle East. This may be so but it cannot be proved; the point of the biblical text is to claim that God can miraculously provide food where there is, according to human perception, none. But God not only provides food but uses every situation, even our failures, as an opportunity to enable us to grow in our knowledge of God and ourselves. Hence, God states that the provision of food is a test 'to see whether they will follow my law or not'. What will truly enable Israel to grow and become God's mediator of



**"WHOEVER COMES TO ME WILL NEVER BE HUNGRY; WHOEVER BELIEVES IN ME WILL NEVER THIRST."**

blessing to all the earth is not so much a full belly as its willingness to listen to the word of God and heed it. The story is thus not just a record of the past but a catechesis or instruction for any reader, what the Jews mean by Torah. One can see a parallel here to the Gospels where Jesus will use a miracle (healing or provision of food) as an opportunity to instruct his disciples or the larger 'crowd', in which we are included.

### Psalm 77:3-4, 23-25, 54

The responsorial psalm selection is part of a quite lengthy psalm that recounts the story of Israel from its beginnings to the establishment of David as king, focusing in particular on the tradition of Israel's wilful disobedience and disloyalty in contrast to God's unswerving loyalty. As the first stanza indicates, this psalm is meant to serve as an instruction for future generations about 'the glories of the Lord and of his might'. The second stanza tells the story of the exodus in concise poetic form, emphasizing the divine origins of the manna. The stanza evokes a powerful image of God as transcendent and immanent: the one who can command the clouds and open the gates of heaven is also the one who goes around to each Israelite and personally gives them this heavenly food. Via this evocative imagery the psalm claims that God wields the forces of nature for the benefit of each and every one of us. The final stanza celebrates the quality of this food (the bread of angels) and its quantity (abundance of food) before concluding with two parallel statements about its role in God's overall purpose for Israel. It was an integral part of God's provision for Israel on its journey from Egypt to the promised land but even more, it was part of God's plan to bring Israel to encounter its God at the holy mountain in the holy land – namely, Mount Zion/Jerusalem and the temple there of God's presence. This is another way in which the Old Testament emphasizes that all that God does is so that we may know and acknowledge God as God. On this depends everything else.

### Pope Francis' Prayer Intention

AUGUST

For Political Leaders

Let us pray that political leaders be at the service of their own people, working for integral human development and the common good, taking care of those who have lost their jobs and giving priority to the poor.



### FR. Francis Jordan

Patience for your own good - sacrifice for the good of others - Remain so happy and courageous

MM Letters 1902/11/02



## ST PATRICK'S PARISH GOSFORD

UNDER THE PASTORAL CARE OF SALVATORIANS  
**Society of the Divine Saviour**

<http://www.sds.org.au>

PARISH PRIEST	Fr Grzegorz (Greg) Skulski SDS <a href="mailto:greg@sds.org.au">greg@sds.org.au</a>
ASSISTANT PRIEST	Fr Bronislaw (Broniek) Pietrusiewicz SDS <a href="mailto:bronek@sdsau.com">bronek@sdsau.com</a>

PARISH OFFICE	Mon – Thu: 9:30am – 3:30pm Friday: 9:30am – 2:30pm Phone: (02) 4325 1042
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PARISH SECRETARY	Colleen Kirk
EMAIL:	<a href="mailto:patsgos@acs.net.au">patsgos@acs.net.au</a>

ST POPE JOHN PAUL II PASTORAL CENTRE	
EMAIL:	<a href="mailto:JPII.Centre@bbcatholic.org.au">JPII.Centre@bbcatholic.org.au</a>

YOUTH MINISTRY	
COORDINATOR	<b>Sebastian Eager</b>
EMAIL:	<a href="mailto:seb.eager05@gmail.com">seb.eager05@gmail.com</a>
PHONE:	<b>0491 765 431</b>

YOUNG ADULTS	<b>Liam Aqualina - 0497 253 461</b> <a href="mailto:liamaq2@gmail.com">liamaq2@gmail.com</a>
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MEDIA	<b>John French</b>
EMAIL:	<a href="mailto:03johnfrench@gmail.com">03johnfrench@gmail.com</a>

CATECHIST COORDINATOR, PASTORAL CENTRE & FORMATION	<b>Raelene O'Connor</b>
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PHONE:	<b>0499 995 292</b>
EMAIL:	<a href="mailto:saintpatccd@acs.net.au">saintpatccd@acs.net.au</a>

CHILDREN'S LITURGY COORD	<b>Elvira Bennett: 0410 098 757</b>
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SENIORS MINISTRY:	<b>Barb: 4322 0250</b> <b>Eunice: 0438 272 141</b>
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PARENT ENGAGEMENT COORDINATORS	
ST PATRICKS	<b>Dionne Soares</b>
EMAIL:	<a href="mailto:dionne.soares1@dbb.catholic.edu.au">dionne.soares1@dbb.catholic.edu.au</a>

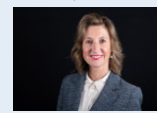
PARISH PASTORAL COUNCIL	
CHAIRPERSON	<b>Scott Beattie</b>
PARISH OPERATIONS	<b>Eunice Dal Busco</b>
EVANGELISATION	<b>Amanda Eades</b>
COMMUNITY	<b>Diane Dankwah</b>
DISCIPLESHIP	<b>Maisie Tenev</b>
LITURGY	<b>Jon Kealy</b>

EX OFFICIO PARISH PASTORAL COUNCIL MEMBERS	
YOUTH MINISTRY	<b>Sebastian Eager</b>
FORMATION COORD	<b>Raelene O'Connor</b>

SCHOOL PRINCIPALS	<b>St Patrick's - Kevin Williams</b> <b>St Joseph's - Carolina Murdoch</b> <b>St Edwards - Mark Bonnici</b>
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FINANCE COMMITTEE	<b>Maria Andrzejewska</b>
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SAFEGUARDING OFFICER:	<b>Hilary Pope</b> <a href="mailto:hilary.p1@optusnet.com.au">hilary.p1@optusnet.com.au</a>
EMAIL:	<b>If you see any activities involving children or vulnerable adults that concerns you, please email Hilary Pope, our Safeguarding Officer.</b>



CHURCH OPEN DAILY 8:30AM – 4:30PM.		
STANDARD WEEKDAY MASSES		
GOSFORD, 76 YORK STREET EAST GOSFORD		
<b>Mon:</b> 9:00am	<b>Wed:</b> 11:30am	<b>Fri:</b> 12:00pm
<b>Tue:</b> 9:00am	<b>Thu:</b> 9:00am	<b>Sat:</b> 9:00am
Devotion to St JPII after Mass		
Adoration and Confession 30 minutes before each weekday Mass.		
WEEKEND MASSES INCL. CONFESSION 30 MIN BEFORE		
GOSFORD, 76 YORK STREET EAST GOSFORD		
<b>Sat Vigil: 5:00pm</b>	<b>Sun:</b>	<b>7:30am, 9:30am &amp; 6:00pm</b>
<b>Filipino Mass:</b>	<b>2nd Sunday of each month: 12:00pm</b>	
<b>Mangrove Mountain</b>	<b>Sat Vigil 5:00pm</b> St Dionysius Church 21 Nurses Road, Central Mangrove	
SPENCER, 4200 WISEMANS FERRY RD		4:00pm 2nd Sat of Month
ADORATION IN OUR CHURCH		
BEFORE THE BLESSED SACRAMENT		
Mon 8:30 - 9:00am	Wed 11:00 - 11:30am	Fri 12:30 - 3:00pm
Tue 8:30 - 9:00am	Thu 8:30 - 9:00am	Sat 8:30 - 9:00am
ROSARY		
<b>Mon, Tue, Wed, Thu</b>	Rosary Begins 1 Hour Before Mass	
<b>Fridays</b>	11:35 am to 11:55 pm (30 Mins Before Mass)	
<b>Saturday</b>	8:05am until 8:25am: 1st Priests & Religious 2nd Mothers & Babies 3rd Persecuted Christians	
<b>Sunday</b>	7:05 am to 7:25 am	
BLESSED SACRAMENT CHAPEL		
<b>Mon to Thu:</b>	8:30am to 3:30pm	
<b>Fri:</b>	9:00am to 3:30pm	
ACTIVE GROUPS IN OUR COMMUNITY OF ST PATRICK'S		
<b>Cancer Prayer Group</b>	After 9:00am Mass, 4th Tuesday of the Month, in the Jordan room.	
<b>Craft Group</b>	9:00am to 12:00pm Every Friday in the Jordan Room	
<b>Grief &amp; Loss Support</b>	Please contact Margaret on 0439257817..	
<b>Women's Faith Circle</b>	2nd and 4th Friday of the Month in the Primary Learning And Resource Centre 6:00 pm to 7:45 am	
<b>Men of the Sacred Heart</b>	3 <sup>rd</sup> Saturday of the month. 5:00pm Mass followed by meeting in the Jordan room.	
<b>Seniors Ministry</b>	Activities 1st Tuesday of the month. Enquiries: Barb: 4322 0250 or Eunice: 0438 272 141	
<b>Monday Morning Prayer Groups</b> 9:30 am after Mass	<b>Prayer Group DVDs</b> 1st Monday of the Month <b>Prayer &amp; Bible Discussion</b> 2nd, 4th and 5th Monday of the Month <b>Prayers for Christian Unity</b> 3rd Monday of the Month	
<b>Bible Study - Monday night</b>	7:00pm to 9:00pm Monday, in the Jordan Room, all are welcome!	
<b>Divine Will Prayer Group</b>	6:00pm to 7:15pm every Wednesday in the Jordan Room.	
<b>Salvatorian Collaborators</b>	3:00pm, 4 <sup>th</sup> Saturday of the month, in the Jordan room.	
<b>Paddies - Youth</b>	Years 3 & 4 students, meet every Friday during school terms in the Hall 3:00 to 4:30 pm.	
<b>Arise - Youth Group</b>	Years 5 & 6 students, meet every Friday during school terms, in the school Library 6:00pm.	
<b>Ascend - Youth Group</b>	Years 7 to 12 meet every Sunday night during school terms, after 6:00 pm Youth Mass	
<b>Awake - Young Adults Group</b>	18 to 35 year olds meet the last Saturday of each month 7:00 pm in the Jordan Room	
<b>Children's Liturgy</b>	Every Sunday during the 9:30am Mass except during school holidays and during Sacramental program formation. All Children's Liturgy Leaders are cleared with Working with Children Checks.	



NATIONAL CATHOLIC LEADERSHIP STANDARDS  
Committed leadership, governance & culture  
Key Elements of Standard 1:  
† A Commitment to Safeguarding  
† Promoting a Safeguarding Culture  
† Safeguarding Policies  
† Code of Conduct



## UPCOMING EVENTS

FOR NORMAL MASS TIMES SEE OPPOSITE ON PAGE 2 ANY EXCEPTIONS WILL BE LISTED BELOW.

Date	Time	Event
Fri 09/08/24	6:00 – 8:00pm	Arise at Hall Wkly During School Terms
Sat 10/08/24	5:00pm	Fatima Night
Sun 11/08/24	12:00pm	Filipino Mass

## CATHOLIC CARE APPEAL FOR THE HOMELESS

### NEXT WEEKEND, AUGUST 10/11

Marking Homelessness Week [5/8] and the Feast Day of St Mary of the Cross Mackillop [8/8], CatholicCare, Diocese of Broken Bay, has provided special envelopes for the appeal next week, in which to place your donation to assist in their work with the homeless. Donations are tax deductible. CatholicCare provides a number of services to support people who are homeless or transient, including a women's refuge, transitional accommodation options, young parents homelessness services and street sleeping outreach supports. We also operate Dom's Place in Hornsby and Mary Mac's Place in Woy Woy where we provide meals, a place to shower and wash clothes, and somewhere for people who are homeless or transient to come and connect with supports and community. Your donations on this weekend would be greatly appreciated.



*CatholicCare*  
Diocese of Broken Bay

## COMBATING HOMELESSNESS TOGETHER

Please donate to CatholicCare's homelessness services across the Diocese

*Thank you*

Donor envelopes available during Mass Saturday and Sunday 10 & 11 August

## YOUR PLANNED GIVING ENVELOPES ARE AVAILABLE AT THE FOYER

Subscribing to our planned giving program – which is another way of saying that you commit to supporting our 2nd Collection that covers the payment of all operating expenses for the church, which are numerous, and the support of our priests, via popping your donation into an allocated envelope when at Mass that is connected to your name. It is our preferred method of giving simply because it assists us in setting our budgets. Or, the same thing can be achieved by a monthly credit or debit card deduction we could arrange together. Donations are not tax deductible but we would be happy to include a monthly PWBB envelope into your packet as donations to that fund are 100% tax deductible. Please contact the office, or complete and submit the tear off available in this Bulletin, and we'll be in touch. For those already enrolled in the program, your envelopes are available today, and we sincerely thank you for your support.



## FEAST OF ST JOHN VIANNEY

### 4<sup>TH</sup> AUGUST

St. John Vianney (1786, Dardilly, France-1859, canonized May 31, 1925; was a French priest who was renowned as a confessor and for his supernatural powers. He is the patron saint of parish priests. We celebrate his feast day this Sunday, 4<sup>th</sup> August.

## COMMEMORATING MARY MACKILLOP

On the 8th of August, we commemorate Saint Mary of the Cross MacKillop, Australia's first canonised saint and cherished patron. As we celebrate her legacy, we also mark National Vocations Awareness Week, which runs from 4 -11 August 2024. During this special week, let us pray for more devoted priests, deacons, and consecrated men and women as we recognise and support the critical role of families in fostering vocations. May they find courage in Jesus Christ, draw strength from our united faith, and embrace the precious gift of their vocation with grace and gratitude.

## PASTORAL WORKS BROKEN BAY 2023/24

We are pleased to advise that we almost met our target of \$60k+ levied to St Patrick's for the charitable works of the Diocese of Broken Bay with a shortfall of \$3927.36. We thank you for your generous support.

## NEW RESOURCE FOR CHILDREN

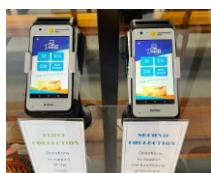
We thank Curtis Stephenson for suggesting and sponsoring a new resource for the children which will be handed to them as they come in for Mass. This colourful resource provides the readings with great imagery, and next week we'll produce the colour-in version!

## TAP & GO MACHINES NOT OPERATING FROM AUGUST

From the month of August, one set of our tap and go machines will be discontinued, meaning donations cannot be made through them. However, the set of machines in the church foyer will remain functioning. Please make your donations to the first or second collection using these machines.



No longer operating (from August)



Still working!



**ST PATRICK'S PARISH GOSFORD**  
**ASCEND | YRS 7 - 12**

SUNDAYS 7PM AFTER YOUTH MASS

**YOUTH  
 MINISTRY**

FAITH. FOOD. FUN. FRIENDSHIP.

**ARISE | YRS 5 & 6**

FRIDAYS @ 6PM - 7:45PM

IN SCHOOL HALL

**PADDIES | YRS 3 & 4**

FRIDAYS @ 3PM - 4:30 PM

IN SCHOOL HALL

Contact Youth Coordinator @ 0491765431  
 or seb.eager05@gmail.com for more info

connect with us  
 @spatsyouth\_

**NATIONAL ABORIGINAL AND TORRES  
 STRAIT ISLANDER CHILDREN'S DAY**

National Aboriginal and Torres Strait Islander Children's Day is one of our key Safeguarding dates in 2024. It will be celebrated this year on August 4th and is an opportunity for all Australians to come together and celebrate Aboriginal and Torres Strait Islander children. This year's theme is "Strong in Culture, Stronger Together" and highlights the importance of working together as a community to support Aboriginal and Torres Strait Islander children. If you are interested in the celebratory event, please follow the qr code below:



**National Aboriginal and  
 Torres Strait Islander  
 Children's Day**

**Strong in Culture, Stronger Together**



4 August 2024



**SENIOR'S  
 BUS TRIP**  
 A MYSTERY TOUR!

TUESDAY 06 AUGUST

9:30 AM FROM  
 ST PATRICK'S

\$10 EACH | MORNING TEA PROVIDED  
 BUY OWN LUNCH

**WEAR COMFORTABLE SHOES**

CONTACT BARBARA 4322 0250  
 OR EUNICE 0438 272 141  
 PLEASE LEAVE A MESSAGE



GOSFORD PARISH | SHRINE OF JPII

**OUR LADY OF  
 FATIMA NIGHT**

**SATURDAY VIGIL**

**@ 5:00 PM**

**10 AUGUST**

**MULTI-LINGUAL  
 ROSARY & CANDLE PROCESSION  
 AFTER MASS**





**THE-O THAI RESTAURANT**  
**DINE-IN/ TAKEAWAY/ CATERING**  
**LUNCH: WED - FRI 11AM-2:30PM**  
**DINNER: TUE - SUN 4:30PM - 8PM**  
**MON: CLOSED**

**TEL: 4308 6308**  
**SHOP 3-4 / 78 YORK STREET**  
**EAST GOSFORD.**

## HOUSING FOR PEOPLE WITH ENDURING MENTAL ILLNESS

During National Homelessness Week, the committee of the registered charity HOME on the Central Coast, established 12 years ago, would like to give an update and also say thanks for your previous support for this incorporated association. Its aim is to provide social housing-with-care for vulnerable people with chronic mental illness. This is a community organisation in which some parishioners have become involved. It's a sad fact that in NSW at least 140 people die each year while homeless, and about 80% would have an untreated mental illness, and die without any care and in isolation.

We are pleased that Mind Australia, based in Victoria, and its subsidiary The Haven Foundation are coming to NSW on behalf of HOME on the Central Coast. The NSW Government has allocated \$20 million to build three "Haven" social housing projects, the first to be on the Central Coast. Ten

"Haven" projects for up to 16 residents, with communal facilities and 24-hour care, have already been built in Victoria, with 14 more to follow soon. Residents express their appreciation on the Mind Australia website. Kindly pray for the local project, especially that suitable land will soon be found. HOME on the Central Coast committee will take on the role of advocacy and fund raising for all needed extras, and be a support to families of residents.

Write to Jos or Neil Murphy at

info@homecentralcoast.com.au For information see Mind Australia's website and key in NSW.

## DONATE TO OUR PARISH

### BANK ACCOUNT DETAILS FOR DIRECT DEPOSIT

**Account Name:**

**Gosford Parish Church Account**

**BSB: 062 784**

**Account No: 100001599**

Please remember to always include a reference if a deposit is for a specific purpose, e.g. PWBB. If a deposit is a donation that doesn't require a receipt, the word 'donation' would suffice.

Thank you so much for your generosity!



**PLEASE LEAVE YOUR DONATIONS IN THE BASKET BESIDE THE STAIRS.**

**THANK YOU SO MUCH FOR YOUR KINDNESS AND GENEROSITY**

  
**ST MARY MACKILLOP**  
**FEAST DAY**  
**CELEBRATION 2024**  
**8th August**

We invite you to a day of celebration,  
 prayer, pilgrimage and thanksgiving

for  
**SAINT MARY OF THE CROSS MACKILLOP**  
**FEAST DAY - 8TH AUGUST 2024**

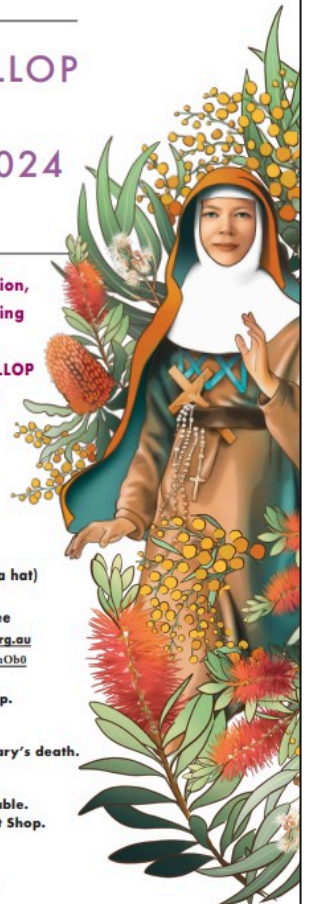
at  
**Mary MacKillop Place,**  
**80 William St, North Sydney**

**Mass times**  
 8.00am in the Chapel  
 10am and 1pm on Glen Roy Green (bring a hat)  
 6.00pm in the Chapel  
 10.00am Mass will be livestreamed free  
 via our website: [www.marymackillopplace.org.au](http://www.marymackillopplace.org.au)  
 Link: <https://www.youtube.com/embed/lppmamzmOb0>

Pray at the Tomb of St Mary MacKillop.  
 Write your prayers of Petition.  
 Reflect in the Chapel.  
 Spend time in Alma Cottage - the place of St Mary's death.

Enjoy free entry into our Museum.  
 Light meals and refreshments are available.  
 Purchase memorabilia in our Café and Gift Shop.

Accommodation available onsite.  
[www.marymackillopplace.org.au](http://www.marymackillopplace.org.au)  
 Phone: +61 2 8912 4800



**"WHOEVER COMES TO ME WILL NEVER BE HUNGRY;  
WHOEVER BELIEVES IN ME WILL NEVER THIRST."**

## ENTRANCE ANTIPHON

**PSALM 69:2,6**

O God, come to my assistance; O Lord, make haste to help me!

You are my rescuer, my help; O Lord, do not delay.

## FIRST READING

**Exodus 16:2-4. 12-15**

**A reading from the book of Exodus**

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.' 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

## RESPONSORIAL PSALM

**Ps 77:3-4. 23-25. 54. R. v.24**

**(R.) The Lord gave them bread from heaven.**

1. The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might.

**(R.) The Lord gave them bread from heaven.**

2. He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven.

**(R.) The Lord gave them bread from heaven.**

3. Mere men ate the bread of angels.

He sent them abundance of food.

He brought them to his holy land, to the mountain which his right hand had won.

**(R.) The Lord gave them bread from heaven.**

## SECOND READING

**EPHESIANS 4:17, 20-24**

**A reading from the letter of St Paul to the Ephesians**

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

## GOSPEL ACCLAMATION

**MATTHEW 4:4**

**Alleluia, alleluia!**

No one lives on bread alone, but on every word that comes from the mouth of God.

**Alleluia!**

## GOSPEL

**JOHN 6:24-35**

**A reading from the holy Gospel according to John**

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat.

Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered:

'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered:

'I am the bread of life.

He who comes to me will never be hungry; he who believes in me will never thirst.'

## COMMUNION ANTIPHON

**WISDOM 16:20**

You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

## SAFEGUARDING

**ELDER ABUSE AWARENESS**

National Aboriginal and Torres Strait Islander Children's Day National Aboriginal and Torres Strait Islander Children's Day is this coming Sunday, August 4th, 2024. This key Safeguarding date offers the opportunity for communities to come together to celebrates and support Aboriginal and Torres Strait Islander children. For those parishes wanting to promote awareness SNAICC have developed the below poster which can be displayed at parishes to promote and build awareness.



**ROSTER — JUNE 28<sup>TH</sup> , SEVENTEENTH SUNDAY IN ORDINARY TIME**

Mass	Vigil 5:00 pm	7:30 am	9:30 am	6:00 pm	Mangrove Mts Vigil 5:00 pm
Date	<b>10.08.24</b>	<b>11.08.24</b>	<b>11.08.24</b>	<b>11.08.24</b>	
<b>Audio Visual</b>	Michael Lynch	Ron Begg	Peter McLean	Elliot O'Connor	
<b>Acolytes</b>	Sam Giddings	Eunice Dal Busco	Peter Julius	Kevin O'Donnell	Roster Coming Next Week
	Peter Young	Sheila Evans	Tim Dasan	Jon Kealy	
<b>Commentator</b>	Maisie Tenev	John Konopka	Patti Beattie	Johan Fernandes	
<b>Lectors</b>	Sharon Bevan	Thea Dowsett	Steph Trevenen	Johan Fernandes	
	Val Dibben	Chris Golden	Joan Vella-Critien	Joseph Nicholls	
<b>Extraordinary Ministers of The Eucharist</b>	Maisie Tenev	Jane Eager	Margaret Mathieson	Rick Llidge	
<b>Altar Servers</b>	Natasha Pettitt	Amelia Eager	Cara Eades	Vito De Toffol	
	Soren Patelia	Faith Eager	Alexander Warner	Remi De Toffol	
	Jean Jobin		Jamie Nardi	Luca De Toffol	
			Aila Rahkola	Xavier Werder	
			Reagan Gomez		
<b>COUNTERS</b> 05/08/24 Trudie Hiep Marie Cradock Lyn Beglin  12/08/24 Eunice Dal Busco Victoria Milanovic Neryl Tyrrell	<b>ALTAR LINEN</b> P/Up 05/08/24 Sheila Evans Ret'n by 09/08/24  <b>COFFEE SHOP</b> 10/08/24 Salvatorian Collaborators Cecilia & Margaret	<b>ALTAR SOCIETY</b> Sat 10/08/24 Fran Thompson Audrey Morris Thea Dowsett Barbara Mills Regina Fong  <b>CHILDREN'S LITURGY</b>  No Children's Liturgy [Sacramental Program underway]	<b>PARISH BUS</b> 11/08/24 <b>Driver</b> Sherree Sullivan <b>Helper</b> Frances Hickey	<b>FRIDAY HOSPITAL</b> 16/08/24 Co:Theresa Giddings John McCrae Denise Nicholson Sandrea Petith Joan Vella-Critien Gary Wills	<b>SUNDAY HOSPITAL</b> 18/08/24 Mark/Elvira Benne Nora Koleszar

**PRAY FOR THE SERIOUSLY ILL MEMBERS OF OUR COMMUNITY:**

Robyn Niven, Josephine & Des Freeman, Mary Brown, Moira O'Neill, Caterina Erbeni, Brian Connell, Jessica Anslow, Soon Hock, Margaret Mathieson, Paul Jones, Claire Hastings, Joshua Herbert, Mery-Anne Bonnici, Aaron Burke, Robyn McBride, Jadwiga Skulska, Joshua McCarroll, Gloria Emará.

**RECENTLY DECEASED:**

Patricia Lucey, Carmel Cock, Jim O'Rielly, Carmel Cock, Terrence Sadgrove, Adam Vella, Miguel & Amparo Valencia.

**ANNIVERSARIES:**

Gary Bell, George Watt, Grace & Lorenza Attard, George Frediani, Kevin Galea, Pau & Virginia Galea, Luc Touche, Frank McGuinness, Daryl Collins, Robert Brundrett.

**REMEMBRANCES**

Martin Brown, Aniela Dabski, Holy Souls, Fogarty Family Members, Colin Pratt, Joseph & Charlie Vassallo.

**CONDOLENCES**

Our sincere condolences to any members of our parish who have experienced the recent passing of relatives and friends. May God welcome them into his Heavenly home and grant them eternal rest.

**MASS INTENTIONS**

Date	Mass	Intention
Sat 03/08	9:00am Gosford	JPII INTENTIONS
Sat 03/08	5:00pm Gosford	HOLY SOULS
Sat 03/08	5:00pm Central Mangrove	PARISH INTENTIONS
Sun 04/08	7:30am Gosford	Healing of JADWIGA SKULSKA
Sun 04/08	9:30am Gosford	+ Anniversaries PAUL & VIRGINIA GALEA
Sun 04/08	6:00pm Gosford	Recently Deceased MIGUEL & AMPARO VALENCIA + Prayers for Tom Harris
Mon 05/08	9:00am Gosford	+ Anniversary FRANK MCGUINNESS
Tue 06/08	9:00am Gosford	Recovery & Wellbeing ROBYN NEVIN

Date	Mass	Intention
Wed 07/08	11:30am Gosford	+ Remembrances FOGARTY FAMILY MEMBERS
Thu 08/08	9:00am Gosford	Healing of JADWIGA SKULSKA
Thu 08/08	11:00am SCHOOL MASS	Recently Deceased CARMEL COCK
Fri 09/08	12:00pm Gosford	+ Anniversary LUC TOUCHE
Sat 10/08	9:00am Gosford	JPII INTENTIONS
Sat 10/08	5:00pm Gosford	FATIMA INTERCESSIONS
Sat 10/08	5:00pm Ct Mangrove	PARISH INTENTIONS
Sun 11/08	7:30am Gosford	+ Remembrance ANIELA DABSKI
Sun 11/08	9:30am Gosford	1 + 4TH Anniversary GARY BELL 2 Return to Health TOM HARRIS
Sun 11/08	6:00pm Gosford	Healing of JADWIGA SKULSKA

RELAX



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